



ב'ה

JEWISH CALENDAR

5768

2007/08

FRIENDS OF REFUGEES OF EASTERN EUROPE

wishes you a

Happy New Year!

שנה טובה!





FRIENDS OF REFUGEES OF EASTERN EUROPE

Serving America's Russian Immigrants Since 1969

ELEMENTARY & HIGH SCHOOL

In 1969, F.R.E.E. founded the first Jewish High School for Russian immigrants in the United States. This feat was followed in 1974 with the opening of the first Jewish Elementary School for Russian immigrants. Both schools have seen over 7,500 students pass through their halls, helping to grow countless Jewish professionals in every discipline.

The F.R.E.E. schools combine an excellent Jewish education with a strong background in secular fields of study.



CAMP FREE - GAN ISRAEL



Camp FREE - Gan Israel was established in the summer of 1972, in order to serve the needs of America's Russian-Jewish immigrant children residing in the Greater New York area. The Camp

is growing in both programming and popularity. F.R.E.E. produces a summer camp that is simultaneously fun and spiritual for youth.

The camp is one of a series of activities for children carried out by F.R.E.E.'s Youth Division throughout the year; which include weekly Shabbatons, After School Program, trips and other exciting activities.

WWW.CAMPFREE.ORG

AFTER SCHOOL PROGRAM

F.R.E.E.'s After School Program, allows Jewish public school children aged 6-13 time to catch up on homework, absorb classes on Judaism, and participate in interactive games and activities with their peers. The success of the program is due to the professional teachers who plan and execute the exiting schedule. Judaic studies include: Hebrew reading and writing, Jewish history, and the weekly Torah portion. The goal of the program is to fill in gaps in Jewish knowledge not addressed in public school, and to provide homework assistance in general academic studies.



F.R.E.E. CIRCUMCISION PROGRAM

Most Jewish males from the Former Soviet Union have never been circumcised due to the long-standing communist prohibition of Jewish religious practice.

From its inception, F.R.E.E. has been working to repair the policies of Soviet Russia, notifying Russian Jewish immigrants that this spiritually crucial ceremony is available completely free of charge. F.R.E.E. meets with interested families and fields all manner of questions.

Additionally, F.R.E.E. explains the mystical benefits of Bris Milah, and its positive effects on the generations to come. With the fear of communist reprisal behind them, Russian immigrants have responded favorably over the years, leading to over 13,300 Jews of all ages, perfecting the relationship with their heritage through this ancient and extremely important mitzvah.

To schedule a Bris, or to have the merit of being a Sandek, please call 718-467-0860.

WWW.FREECIRCUMCISION.ORG



F.R.E.E. PUBLISHING HOUSE

In 1971, F.R.E.E. launched what was to become one of its key undertakings - a Russian and bilingual publishing house, the world's first, for authentic Jewish books, Biblical texts, other classical Jewish texts and literature, and booklets on Jewish observance, philosophy and history. There are over 100 such booklet titles currently in print.



Before each Jewish holiday, F.R.E.E. publishes and distributes attractive, multicolored brochures detailing the holiday's history, practices and spiritual content.

Taking advantage of modern technology, F.R.E.E. has created its own Russian-language website: www.JudaismInRussian.com. It serves the Russian-speaking community, giving detailed information on many Jewish topics including the most basic Jewish observances and holidays, and provides the texts of the weekly Torah portions with commentaries and applicable lessons. The website also has a library section, providing complete texts of numerous classic Torah works.

WWW.JUDAISMINRUSSIAN.COM

FOR MORE INFORMATION: 718-467-0860 • www.RussianJewry.org

THIS CALENDAR IS DEDICATED TO
THE LUBAVITCHER REBBE, RABBI MENACHEM M. SCHNEERSON

His passionate and uncompromising love for every Jew, insisting that all Jews are equal regardless of background or affiliation; his love and devotion to the land of Israel and his love for G-d and Torah – these are beacons of truth and love that continue to guide and inspire us.



a note from the chairman

Dear Friend,

As we approach the Jewish New Year 5768, we are pleased to present to you with the Jewish Art Calendar for the coming year 5768 (2007-08), with the compliments of Friends of Refugees of Eastern Europe (F.R.E.E.).

This calendar contains information, events and dates for the Jewish year, based on the lunar cycle, together with the corresponding solar dates.

The fact that the Jewish calendar follows the pattern of the moon is quite significant and should give us inspiration and guidance in these difficult and trying times. Our Sages have compared the Jewish people to the moon. At times, the moon seems to be only a sliver of light. However, just when it seems to disappear entirely, it suddenly appears larger and brighter each day. The same is true of the Jewish people. Although our history is full of ups and downs, periods of peace and times of tribulation, the Jews will never completely disappear. Like the moon, in essence we are eternal and destined to grow ever stronger and brighter.

As the New Year approaches, it is incumbent upon us to reflect upon the past year. We are pleased to inform you that the programs of F.R.E.E. continue to develop. Founded by a directive of the Lubavitcher Rebbe in 1969, F.R.E.E. was the first Jewish organization in the United States to focus its services on Russian Jewish immigrants. F.R.E.E. has grown to be America's largest Jewish religious and cultural organization serving the Russian Jewish community. With over 10 centers around the world, F.R.E.E. continues to offer a broad range of services from social services to the elderly to Jewish day schools for the young.

When Soviet Jews began arriving here in the mid 1960's, few in the Jewish community realized that they were the forerunners of hundreds of thousands more. Even fewer realized how they yearned to express their Jewish identity, after being denied access to their Jewish heritage for over half a century, and how they would learn to love Jewish life. F.R.E.E. knows this because it has been monitoring their attitudes and progress from the moment they arrived.

The coming year of 5768 marks our 39th anniversary, a milestone for us and for our many members, most of whom came to these shores from the dark world of

communist Soviet Union. From its inception, F.R.E.E. has sought to achieve its mandate of assisting Russian Jewish immigrants in all aspects of their material and spiritual lives. We have sought first to ease their transition from the gloom of the Soviet Union to the freedom of America and other western countries.

F.R.E.E. has been helping with everything from the day-to-day needs of food, shelter, clothing and gainful employment to the spiritual needs found in religious ceremony, education, celebration and prayer. Our organization has devoted its energies and resources toward providing quality and innovative programs and services for Russian Jewish immigrants of all ages worldwide.

Now more than ever, F.R.E.E. needs your support to meet the increasing needs of Russian Jewish communities around the world. In particular, with the coming school year, F.R.E.E. is looking for donors to undertake the cost of a child's education in our Russian Jewish schools. With the High Holidays approaching, now is the time to participate in the mitzvah of tzedaka with a tax-deductible contribution to F.R.E.E.

You are invited to earmark your contribution for days, weeks or months of a child's educational expenses, or to help fund publications that teach our faith and history. Opportunities are also available for dedications to honor the memory of your loved ones.

Please respond generously so that our vital work can continue, reaching ever more people in need. F.R.E.E.'s success in serving hundreds of thousands to date ensures that your charitable investment in our work will reap gratifying dividends.

Just one gift will enable you to make an everlasting impact! We thank you in advance for your support, and may you and your family be inscribed for a sweet year with abundant blessings of health, joy, and prosperity in all of your endeavors.

Kesivah Vachasima Tovah!

Sincerely,

M. Okunov

Rabbi Mayer Okunov
Chairman



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THE MONTH OF ELUL

One of the major accusations often leveled at the CEO of the universe is inaccessibility. These charges are entirely unfounded. G-d is everywhere and from there He awaits your call. And just to prove it, one month before Rosh Hashana, He devotes an entire month to being as approachable as an Al-mighty Creator can get. Think of it as though the big boss took a stroll through the cubicles, happily chatting with anyone who approaches, giving each his full attention and a warm smile.

That's what our sages mean when they call Elul the month of divine compassion. During these days, you can repair all that went amiss from the entire year – with study, with charity and good deeds, with meditation and prayer. That is also why we blow the Shofar every day of this month, as a wake-up call to prepare for the magnificent days to come.

ROSH HASHANA

Rosh Hashana, the beginning of the Jewish year. This is the day G-d completed His creation by creating Adam and Eve, the first humans. On the very first day of his creation, Adam acknowledged G-d's Kingship over the entire universe. We, too, continue to do so every Rosh Hashana, as we reaffirm our commitment to following G-d's commandments. An important Rosh Hashana observance is the sounding of the Shofar (the ram's horn).

YOM KIPPUR

Yom Kippur, the Day of Atonement, is the holiest day in the Jewish calendar. On this day G-d promises to forgive all our sins, as long as we regret our past and resolve to do better in the future.

During this day, we refrain from work as we do on Shabbat. In addition, we refrain from any food or drink, washing, anointing ourselves with oils or lotions, marital relations, and the wearing of leather shoes.

"And you should take for yourselves ... a beautiful tree fruit, a palm branch ... and willows of the stream ..." (Vayikra 23:40) - The Four Species

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SEPTEMBER 2007

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR NEW YORK AND NEW JERSEY</p>	<p>DO YOU NEED SOMEONE TO SAY KADDISH? OBSERVE YAHRZEITS? CONTACT F.R.E.E. AT 718-467-0860 OR VISIT US AT www.kaddishservices.com</p>	<p><i>Do A MITZVAH!</i> <i>HONOR YOUR LOVED ONES WITH A MEMORIAL PLAQUE DISPLAYED IN A SYNAGOGUE AS AN EVER LASTING TRIBUTE.</i> 718-467-0860</p>	<p><i>DONATE YOUR CAR, TRUCK OR RV TO FRIENDS OF REFUGEES OF EASTERN EUROPE AND RECEIVE A FULL TAX BREAK FROM UNCLE SAM!</i> CALL TO ARRANGE A FREE PICK UP 718-467-0860</p>	<p><i>Wishing you and your family a happy, healthy, sweet new year!</i></p>	<p> Light candles at 7:13</p>	<p>1 יח אלול Elul 18 כי תבוא KI TAVO <i>Birthday of the Baal Shem Tov & the Alter Rebbe</i> Shabbat ends at 8:11</p>
<p>2 יט אלול Elul 19</p>	<p>3 כ אלול Elul 20 Labor Day</p>	<p>4 כא אלול Elul 21</p>	<p>5 כב אלול Elul 22</p>	<p>6 כג אלול Elul 23</p>	<p>7 כד אלול Elul 24  Light candles at 7:01</p>	<p>8 כה אלול Elul 25 נצבים-וילך NITZAVIM-VAYELECH Shabbat Slichot Shabbat ends at 7:59</p>
<p>9 כו אלול Elul 26 Grandparents Day</p>	<p>10 כז אלול Elul 27</p>	<p>11 כח אלול Elul 28</p>	<p>12 כט אלול Elul 29 <i>Birthday of the Tzemach Tzedek</i> New moon: 4:26 am ערב ראש השנה Eve of Rosh Hashana עירוב תבשילין Eruv Tavshilin  Light candles at 6:53</p>	<p>13 א תשרי Tishrei 1 יום א' דראש השנה First day of ROSH HASHANA  Light candles after 7:50</p>	<p>14 ב תשרי Tishrei 2 יום ב' דראש השנה Second day of ROSH HASHANA  Light candles at 6:50</p>	<p>15 ג תשרי Tishrei 3 האינו HAAZINU Shabbat Shuvah Shabbat ends at 7:47</p>
<p>16 ד תשרי Tishrei 4 צום גדליה Fast of Gedaliah Fast ends at 7:32</p>	<p>17 ה תשרי Tishrei 5</p>	<p>18 ו תשרי Tishrei 6 <i>Yahrzeit of Rebbeztzin Chana Schneerson</i></p>	<p>19 ז תשרי Tishrei 7</p>	<p>20 ח תשרי Tishrei 8</p>	<p>21 ט תשרי Tishrei 9 ערב יום כיפור Eve of Yom Kippur  Light candles at 6:38 Fast begins at 6:54</p>	<p>22 י תשרי Tishrei 10 יום כיפור YOM KIPPUR Yizkor Yom Kippur ends at 7:35</p>
<p>23 יא תשרי Tishrei 11</p>	<p>24 יב תשרי Tishrei 12</p>	<p>25 יג תשרי Tishrei 13</p>	<p>26 יד תשרי Tishrei 14 ערב חג הסוכות Eve of Sukkot עירוב תבשילין Eruv Tavshilin  Light candles at 6:29</p>	<p>27 טו תשרי Tishrei 15 יום א' דחג הסוכות First day of SUKKOT  Light candles after 7:26</p>	<p>28 טז תשרי Tishrei 16 יום ב' דחג הסוכות Second day of SUKKOT  Light candles at 6:26</p>	<p>29 יז תשרי Tishrei 17 א' דחול המועד סוכות 1st Intermediate Day of Sukkot Shabbat ends at 7:23</p>
<p>30 יח תשרי Tishrei 18 ב' דחול המועד סוכות 2nd Intermediate Day of Sukkot</p>		<p><i>Yahrzeit of the Rebbe Maharash</i></p>				



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"If the Jews were to keep just one Shabbat properly, they would be immediately redeemed" (Yerushalmi Taanit 1:1) - Shabbat in the Wilderness

SUKKOT

After a period of seriousness and reflection during the Days of Awe, we are ready for the joyous holiday of Sukkot. During Sukkot, 'the season of happiness', we rejoice in the knowledge that G-d has inscribed us for a good and healthy new year.

The name Sukkot is derived from the word Sukkah, or hut. In commemoration of the protective 'clouds of glory' with which G-d surrounded the Jewish people on their way out of Egypt, we live in makeshift huts during the seven days of this holiday.

During this harvest festival when the farms have been blessed with plentiful crops, we are mindful of how all our livelihood is dependent upon G-d, and how he sustained our forefathers in the desert, when they had neither home nor fields. We pray for G-d's continued help and intervention in our life.

On each day of Sukkot, except for Shabbat, we observe the special mitzvah of shaking the Lulav (palm branch) and the Etrog (citron). Together with the Hadas (myrtle) and the Arava (willow), these plants represent the various types of Jews who together form the Jewish nation. We shake all four species to affirm the unity of the Jewish nation.

SIMCHAT TORAH

Simchat Torah marks the day we complete the reading of the Torah in its annual cycle. On the evening of Simchat Torah, (in some communities, on the previous evening of Shmini Atzeret as well) we make seven Hakafot (circles) around the Bimah (table) on which the Torah is read, dancing and rejoicing with the Torah scrolls.

During morning services on Simchat Torah, the Torah is officially completed by reading the last Torah portion. We immediately start reading from the beginning of the Torah again, for the Torah's teachings are endless, and we shall always seek to delve deeper and deeper into its meanings.

*Congratulations to F.R.E.E.
on 39 years of great achievements!*

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OCTOBER 2007

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR NEW YORK AND NEW JERSEY</p>	<p>1 יט תשרי Tishrei 19</p> <p>ג' דחול המועד סוכות 3rd Intermediate Day of Sukkot</p>	<p>2 כ תשרי Tishrei 20</p> <p>ד' דחול המועד סוכות 4th Intermediate Day of Sukkot</p>	<p>3 כא תשרי Tishrei 21</p> <p>הושענא רבה Hoshana Rabba עירוב תבשילין Eruv Tavshilin</p> <p> Light candles at 6:18</p>	<p>4 כב תשרי Tishrei 22</p> <p>שמיני עצרת SHEMINI ATZERET Yizkor</p> <p> Light candles after 7:15</p>	<p>5 כג תשרי Tishrei 23</p> <p>שמחת תורה SIMCHAT TORAH</p> <p> Light candles at 6:15</p>	<p>6 כד תשרי Tishrei 24</p> <p>בראשית BEREISHIT</p> <p>Blessing of New Month אסרו חג Isru Chag Shabbat ends at 7:11</p>
	<p>7 כה תשרי Tishrei 25</p>	<p>8 כו תשרי Tishrei 26</p> <p>Columbus Day</p>	<p>9 כז תשרי Tishrei 27</p>	<p>10 כח תשרי Tishrei 28</p>	<p>11 כט תשרי Tishrei 29</p> <p>New moon: 5:10pm 1/18</p>	<p>12 ל תשרי Tishrei 30</p> <p>ראש חדש חשוון Rosh Chodesh Cheshvan</p> <p> Light candles at 6:03</p>
<p>14 ב חשוון Cheshvan 2</p>	<p>15 ג חשוון Cheshvan 3</p>	<p>16 ד חשוון Cheshvan 4</p>	<p>17 ה חשוון Cheshvan 5</p>	<p>18 ו חשוון Cheshvan 6</p>	<p>19 ז חשוון Cheshvan 7</p> <p> Light candles at 5:53</p>	<p>20 ח חשוון Cheshvan 8</p> <p>לך לך LECH LECHA</p> <p>Shabbat ends at 6:50</p>
<p>21 ט חשוון Cheshvan 9</p>	<p>22 י חשוון Cheshvan 10</p>	<p>23 יא חשוון Cheshvan 11</p>	<p>24 יב חשוון Cheshvan 12</p>	<p>25 יג חשוון Cheshvan 13</p>	<p>26 יד חשוון Cheshvan 14</p> <p> Light candles at 5:43</p>	<p>27 טו חשוון Cheshvan 15</p> <p>וירא VAYEIRA</p> <p>Shabbat ends at 6:41</p>
<p>28 טז חשוון Cheshvan 16</p>	<p>29 יז חשוון Cheshvan 17</p>	<p>30 יח חשוון Cheshvan 18</p>	<p>31 יט חשוון Cheshvan 19</p>	<p>DONATE YOUR CAR, TRUCK OR RV TO FRIENDS OF REFUGEES OF EASTERN EUROPE AND RECEIVE A FULL TAX BREAK FROM UNCLE SAM! CALL TO ARRANGE A FREE PICK UP 718-467-0860</p>	<p>EVERY JEWISH HOME SHOULD HAVE A PUSHKA CALL TO RECEIVE YOUR OWN 718-467-0860</p>	<p>DO A MITZVAH! HONOR YOUR LOVED ONES WITH A MEMORIAL PLAQUE DISPLAYED IN A SYNAGOGUE AS AN EVER LASTING TRIBUTE. 718-467-0860</p>



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"Praise G-d, sun and moon; praise Him, all the shining stars ... for He commanded and they were created" (Psalms 148:3, 5) - Blessing the New Moon

THE MITZVAH OF TEFILLIN

Tefillin, or phylacteries, are donned every weekday by Jewish men and boys over the age of 13. The Torah describes *Tefillin* as a sign – a public statement of Jewish involvement. By donning *Tefillin* daily, an individual gives expression to his basic feeling of Jewish identity and its importance to him.

The *Tefillin* are placed on the arm facing the heart, and on the head. This signifies the binding of one's emotional and intellectual powers to the service of G-d. The straps, stretching from the arm to the hand and from the head to the legs, signify the transmission of intellectual and emotional energy to the hands and feet, symbolizing deed and action.

SHABBAT AND FESTIVAL CANDLES

Light is a subject which has stirred the imagination of poets, scientists and psychologists. Because its nature is so different from other material entities, it is frequently used to describe spiritual insight. Shabbat is a day of light; a day with a different pattern and value-orientation. The lighting of the Shabbat Candles ushers in and inspires this state of awareness.

The responsibility for lighting the candles and inducing this change of perspective is the woman's. Young girls from the age of three are also encouraged to light their own candle, both as a means of involvement and as a part of their education.

RESPECT FOR PARENTS – A RELIGIOUS PRINCIPLE

The fact that "to honor" and "to revere" parents are Mitzvot of the Torah, impresses upon these precepts a stamp of absoluteness and makes of them independent principles. It no longer matters whether a particular society may have a different standard of ethics and code of morality. This is the effect of the Torah's laws – to enliven the seemingly ordinary behaviors of society with a G-dly spirit.

DEDICATE A LIFE

The F.R.E.E. Publishing House is now offering opportunities for individuals or foundations to sponsor new releases and reprints of timeless classics. There are many important publications ready to go to press but are awaiting sponsors.



Please consider this opportunity and make an everlasting contribution to Russian Jewry.






FOR MORE INFORMATION PLEASE CONTACT RABBI OKUNOV AT F.R.E.E. HEADQUARTERS 718-467-0860 • EMAIL: OFFICE@RUSSIANJEWRY.ORG

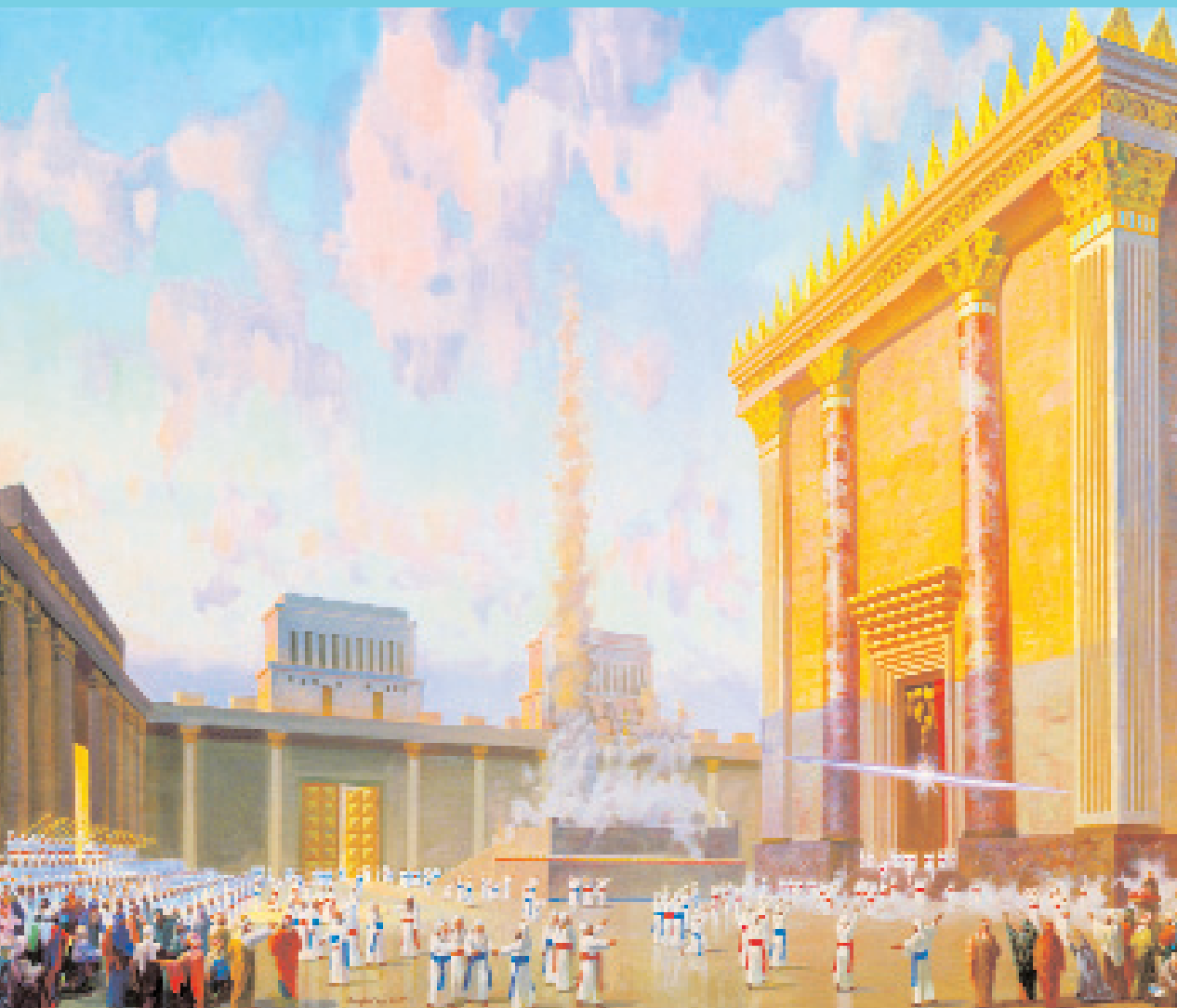
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Dedicated in loving memory of our dear father
Max L. Shulman
and our dear grandfather
Joe Weinstein
of blessed memory
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NOVEMBER 2007

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>TIMES SHOWN ARE FOR NEW YORK AND NEW JERSEY</p>	<p>DO YOU NEED SOMEONE TO SAY KADDISH? OBSERVE YAHRTZEITS? CONTACT F.R.E.E. AT 718-467-0860 OR VISIT US AT www.kaddishservices.com</p>	<p><i>Do a MITZVAH!</i> <i>HONOR YOUR LOVED ONES WITH A MEMORIAL PLAQUE DISPLAYED IN A SYNAGOGUE AS AN EVER LASTING TRIBUTE.</i> 718-467-0860</p>	<p><i>DONATE YOUR CAR, TRUCK OR RV TO FRIENDS OF REFUGEES OF EASTERN EUROPE AND RECEIVE A FULL TAX BREAK FROM UNCLE SAM!</i> CALL TO ARRANGE A FREE PICK UP 718-467-0860</p>	<p>1 כ חשוון Cheshvan 20</p> <p><i>Birthday of the Rebbe Rashiab</i> נייע רביע</p> <p>DAYLIGHT SAVING TIME</p>	<p>2 כא חשוון Cheshvan 21</p> <p> Light candles at 5:34</p>	<p>3 כב חשוון Cheshvan 22</p> <p>חיי שרה CHAYEI SARAH</p> <p>Shabbat ends at 6:33</p>
<p>4 כג חשוון Cheshvan 23</p> <p><i>Yahrtzeit of</i> MAX L. SHULMAN מרדכי בן יעקב עי"ה</p> <p>EASTERN STANDARD TIME</p>	<p>5 כד חשוון Cheshvan 24</p>	<p>6 כה חשוון Cheshvan 25</p> <p>Election Day</p>	<p>7 כו חשוון Cheshvan 26</p>	<p>8 כז חשוון Cheshvan 27</p>	<p>9 כח חשוון Cheshvan 28</p> <p> Light candles at 4:26</p>	<p>10 כט חשוון Cheshvan 29</p> <p>תולדות TOLDOT</p> <p>New moon: 5:54am 2/18 Blessing of New Month Shabbat ends at 5:26</p>
<p>11 א כסלו Kislev 1</p> <p>ראש חדש כסלו Rosh Chodesh Kislev</p> <p>Veterans Day</p>	<p>12 ב כסלו Kislev 2</p>	<p>13 ג כסלו Kislev 3</p>	<p>14 ד כסלו Kislev 4</p>	<p>15 ה כסלו Kislev 5</p>	<p>16 ו כסלו Kislev 6</p> <p> Light candles at 4:20</p>	<p>17 ז כסלו Kislev 7</p> <p>ויצא VAYEITZEI</p> <p>Shabbat ends at 5:20</p>
<p>18 ח כסלו Kislev 8</p>	<p>19 ט כסלו Kislev 9</p> <p><i>Birthday and Yahrtzeit of the Mitteler Rebbe</i></p>	<p>20 י כסלו Kislev 10</p> <p><i>The Mitteler Rebbe was released from prison</i></p>	<p>21 יא כסלו Kislev 11</p>	<p>22 יב כסלו Kislev 12</p> <p>Thanksgiving Day</p>	<p>23 יג כסלו Kislev 13</p> <p> Light candles at 4:15</p>	<p>24 יד כסלו Kislev 14</p> <p>וישלח VAYISHLACH</p> <p>Shabbat ends at 5:16</p>
<p>25 טו כסלו Kislev 15</p>	<p>26 טז כסלו Kislev 16</p>	<p>27 יז כסלו Kislev 17</p>	<p>28 יח כסלו Kislev 18</p>	<p>29 יט כסלו Kislev 19</p> <p><i>Yahrtzeit of Maggid of Mezritch</i> <i>The Alter Rebbe was released from prison.</i> <i>Rosh Hashana of Chassidus</i></p>	<p>30 כ כסלו Kislev 20</p> <p> Light candles at 4:12</p>	<p>Shabbat ends at 5:14</p>



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CELEBRATING CHANUKAH

The kindling of the Menorah is the focal point of the Chanukah holiday. The Menorah symbolizes religious freedom and the strength of the Jewish spirit. The Menorah is kindled on each of the eight nights of Chanukah, this year beginning Tuesday, December 4.

Many have the custom to place the Menorah in a doorway opposite the *Mezuzah* so that the two Mitzvot of *Mezuzah* and Chanukah surround the person. Others place it on a window sill facing a public through-fare.

The Chanukah lights are kindled in the evening preceding each of the eight days of Chanukah. The custom of many communities is to light the Menorah at sunset. However, due to Shabbat observances, we light it before the Shabbat candles on Friday and after the Havdalah ceremony on Shabbat.

Although an olive-oil Menorah is preferable, one may use any single-wick candle to perform this Mitzvah. Prepare the Menorah, with the appropriate number of candles, so that the candles will stay lit for a half-hour after sunset.

Recite the blessings and then light the candle beginning from the left. When finished, place the Shamash at its designated place on the Menorah. Both men and women are obligated to light the Chanukah Menorah, or to participate in the Menorah lighting by the head of the household. Children should be encouraged to light their own Menorahs.

THE TENTH OF TEVET

Observed as a fast day, marking the date on which Jerusalem was put under siege by the Babylonian king Nebuchadnezzar, resulting in the destruction of the First Temple (422 BCE). A fast day is called a "day favorable to G-d", a time of universal introspection when we take the opportunity to better ourselves in our relationship with G-d.

"Then Your children entered the shrine of Your House, cleansed Your Temple ... and kindled lights in Your holy courtyards" (Al Hanisim Prayer)

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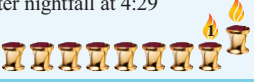











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DECEMBER 2007

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>TIMES SHOWN ARE EASTERN STANDARD TIME FOR NEW YORK AND NEW JERSEY</p>	<p>DO YOU NEED SOMEONE TO SAY KADDISH? OBSERVE YAHRTZEITS? CONTACT F.R.E.E. AT 718-467-0860 OR VISIT US AT www.kaddishservices.com</p>	<p><i>DO A MITZVAH! HONOR YOUR LOVED ONES WITH A MEMORIAL PLAQUE DISPLAYED IN A SYNAGOGUE AS AN EVER LASTING TRIBUTE.</i> 718-467-0860</p>	<p><i>DONATE YOUR CAR, TRUCK OR RV TO FRIENDS OF REFUGEES OF EASTERN EUROPE AND RECEIVE A FULL TAX BREAK FROM UNCLE SAM!</i> CALL TO ARRANGE A FREE PICK UP 718-467-0860</p>	<p><i>Illuminate your home with the light of Shabbat candles!</i></p>	<p> Light candles at 4:12</p>	<p>1 כא כסלו Kislev 21 וישב VAYEISHEV</p> <p>Shabbat ends at 5:14</p>
<p>2 כב כסלו Kislev 22</p>	<p>3 כג כסלו Kislev 23</p>	<p>4 כד כסלו Kislev 24</p> <p>Light menorah during Chanukah after nightfall at 4:29</p> <p></p>	<p>5 כה כסלו Kislev 25 CHANUKAH</p> <p></p> <p>Start to say Tal Umatar in Maariv Wednesday night</p>	<p>6 כו כסלו Kislev 26 CHANUKAH</p> <p></p>	<p>7 כז כסלו Kislev 27 CHANUKAH</p> <p>Menorah lighting <i>before</i> Shabbat candles</p> <p></p> <p> Light candles at 4:10</p>	<p>8 כח כסלו Kislev 28 CHANUKAH MIKEITZ / מקץ Blessing of New Month Shabbat ends at 5:13</p> <p>Menorah lighting <i>after</i> Shabbat ends</p> <p></p>
<p>9 כט כסלו Kislev 29 CHANUKAH</p> <p>New moon: 6:38pm 3/18</p> <p></p>	<p>10 א טבת Tevet 1 CHANUKAH</p> <p>ראש חודש טבת Rosh Chodesh Tevet</p> <p></p>	<p>11 ב טבת Tevet 2 CHANUKAH</p> <p></p>	<p>12 ג טבת Tevet 3 CHANUKAH</p>	<p>13 ד טבת Tevet 4</p>	<p>14 ה טבת Tevet 5</p> <p> Light candles at 4:11</p>	<p>15 ו טבת Tevet 6 ויגש VAYIGASH</p> <p>Shabbat ends at 5:15</p>
<p>16 ז טבת Tevet 7</p>	<p>17 ח טבת Tevet 8</p>	<p>18 ט טבת Tevet 9</p>	<p>19 י טבת Tevet 10</p> <p><i>Yahrtzeit of</i> MECHEL BEN YONAH SCHUSTER ע"ה MR. EMERICK GROSS יחזק בן ישעיהו דוד ע"ה</p> <p>תענית עשרה בטבת Fast of Tevet 10 Fast ends at 5:01</p>	<p>20 יא טבת Tevet 11</p>	<p>21 יב טבת Tevet 12 CHANUKAH</p> <p> Light candles at 4:13</p>	<p>22 יג טבת Tevet 13 ויחי VAYECHI</p> <p><i>Yahrtzeit of</i> DR. MILTON KAPLAN מיכל אשר בן יוסף ע"ה</p> <p>Shabbat ends at 5:17</p>
<p>23 יד טבת Tevet 14</p>	<p>24 טו טבת Tevet 15</p>	<p>25 טז טבת Tevet 16</p>	<p>26 יז טבת Tevet 17</p>	<p>27 יח טבת Tevet 18</p>	<p>28 יט טבת Tevet 19</p>	<p>29 כ טבת Tevet 20 שמות SHEMOT</p> <p><i>Yahrtzeit of the Rambam</i></p> <p>Shabbat ends at 5:22</p>
<p>30 כא טבת Tevet 21</p>	<p>31 כב טבת Tevet 22</p> <p> Light candles at 4:18</p>					



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TU B'SHEVAT

Tu B'Shevat, the 15th of Shevat on the Jewish calendar (this year, Tuesday, January 22, 2008), is the day that marks the beginning of a "New Year for Trees." This is the season in which the earliest-blooming trees in the Land of Israel emerge from their winter sleep and begin a new fruit-bearing cycle.

Tu B'Shevat is considered a day of judgment for the trees.

To commemorate this special day, Jews throughout the world eat foods that are distinctive to and characteristic of the Holy Land, particularly from the "Seven Kinds" that are singled out by the Torah: wheat, barley, grapes, figs, pomegranates, olives and dates. It is also customary to eat a fruit not yet eaten this season, to pronounce the blessing "Shehecheyanu."

On this day we remember that "Man is a tree of the field" (Deuteronomy 20:19) and reflect on the lessons we can derive from our botanical analogue.

THE UPCOMING REDEMPTION

The belief in the upcoming redemption is one of the foundations of our faith. It has been promised to us by almost every one of our prophets, beginning with Moses. The great Jewish philosopher and codifier, Maimonides, included it in his famous Thirteen Principles of the Jewish Faith. Throughout the ages, even during the most trying times, our ancestors have always prayed for and looked forward to the Messianic Era, ushered in by Moshiach, our redeemer.

Many prominent Rabbis proclaimed this generation to be the one which will usher in the redemption.

We can prepare for this special time by studying the relevant sections in the Torah and its commentaries, and by increasing in acts of goodness and kindness. This will not only help us prepare for the redemption – this will also hasten its arrival!

"And she called his name Moses, for she said: I have drawn him out of the water" (Exodus 2:11)

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JANUARY 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>TIMES SHOWN ARE EASTERN STANDARD TIME FOR NEW YORK AND NEW JERSEY</p>	<p><i>Do a MITZVAH!</i> HONOR YOUR LOVED ONES WITH A <i>MEMORIAL PLAQUE</i> DISPLAYED IN A SYNAGOGUE AS AN EVER LASTING TRIBUTE. 718-467-0860</p>	<p>1 כז טבת Tevet 23</p> <p>New Year's Day</p>	<p>2 כח טבת Tevet 24</p> <p><i>Yahrtzeit of the Alter Rebbe</i></p>	<p>3 כה טבת Tevet 25</p>	<p>4 כו טבת Tevet 26</p> <p> Light candles at 4:23</p>	<p>5 כז טבת Tevet 27</p> <p>וארא VAEIRA</p> <p>Blessing of New Month Shabbat ends at 5:27</p>
	<p>6 כח טבת Tevet 28</p>	<p>7 כט טבת Tevet 29</p>	<p>8 א שבט Shevat 1</p> <p>New moon: 7:22am 4/18 ראש חודש שבט Rosh Chodesh Shevat</p>	<p>9 ב שבט Shevat 2</p>	<p>10 ג שבט Shevat 3</p>	<p>11 ד שבט Shevat 4</p> <p> Light candles at 4:30</p>
<p>13 ו שבט Shevat 6</p>	<p>14 ז שבט Shevat 7</p>	<p>15 ח שבט Shevat 8</p>	<p>16 ט שבט Shevat 9</p>	<p>17 י שבט Shevat 10</p> <p><i>Yahrtzeit of the Previous Lubavitcher Rebbe. The Rebbe, Rabbi Menachem Mendel Schneerson, accepted the reins of leadership of the movement.</i></p> <p> Light candles at 4:38</p>	<p>18 יא שבט Shevat 11</p> <p> Light candles at 4:46</p>	<p>19 יב שבט Shevat 12</p> <p>בשלה BESHALACH</p> <p>Shabbat Shirah</p> <p>Shabbat ends at 5:41</p>
<p>20 יג שבט Shevat 13</p>	<p>21 יד שבט Shevat 14</p> <p>Martin Luther King, Jr. Day</p>	<p>22 טו שבט Shevat 15</p> <p>New Year for Trees</p>	<p>23 טז שבט Shevat 16</p>	<p>24 יז שבט Shevat 17</p>	<p>25 יח שבט Shevat 18</p>	<p>26 יט שבט Shevat 19</p> <p>יתרו YITRO</p> <p>Shabbat ends at 5:49</p>
<p>27 כ שבט Shevat 20</p>	<p>28 כא שבט Shevat 21</p>	<p>29 כב שבט Shevat 22</p> <p><i>Yahrtzeit of Rebbetzin Chaya Mushka נ"ע Schneerson</i></p>	<p>30 כג שבט Shevat 23</p>	<p>31 כד שבט Shevat 24</p>	<p><i>DONATE YOUR CAR, TRUCK OR RV TO FRIENDS OF REFUGEES OF EASTERN EUROPE AND RECEIVE A FULL TAX BREAK FROM UNCLE SAM! CALL TO ARRANGE A FREE PICK UP 718-467-0860</i></p>	<p>DO YOU NEED SOMEONE TO SAY KADDISH? OBSERVE YAHRTZEITS? CONTACT F.R.E.E. AT 718-467-0860 OR VISIT US AT www.kaddishservices.com</p>



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"When Adar enters, we increase in joy" (Ta'anit 29a) - "Blessed are You ... who created joy and gladness, groom and bride" (Wedding Blessings)

THE MITZVAH OF TZEDAKAH

Our sages distinguish between two types of Mitzvot: a) the Mitzvot that are part of the service and worship of G-d, thus related to the man-G-d relationship; and b) the Mitzvot affecting our fellow-humans, thus related to human relationships and concourse.

Tzedakah literally means justice but is commonly translated as charity. However, in truth Tzedakah is not mere "charity", implying an undeserved gift to the recipient, but it is the proper use for wealth, the original intention destined for it from above.

G-d could have distributed wealth evenly throughout all of creation. However, He desired that we be a partner with Him in perfecting His world. Thus, in truth, our material wealth is entrusted to us by G-d for the purpose of using it in accordance with His will. We can now appreciate why Tzedakah means, not charity, but justice – for in giving Tzedakah to the needy, we are giving them what is rightfully theirs.

Maimonides writes in his "Laws of Charity" that there are eight degrees or levels of charity, each one greater than the previous one:

The eighth level is when one gives Tzedakah grudgingly. The seventh level is when one gives less than he should, but does so cheerfully. The sixth level is when one gives directly to the poor upon being asked. The fifth level is when one gives directly to the poor without being asked. The fourth level is when the giving is indirect – the recipient knows who the giver is, but the giver does not know the recipient. The third level is when the giver knows the identity of the recipient, but the recipient does not know the identity of the giver. The second highest level is when both the giver and receiver are unaware of each other. The highest form of Tzedakah is to help sustain a person before he becomes impoverished by offering a gift in a dignified manner, by extending an interest-free loan, or by helping him find employment.

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<p>3 כז שבט Shevat 27</p>	<p>4 כח שבט Shevat 28</p>	<p>5 כט שבט Shevat 29</p>	<p>6 ל שבט Shevat 30</p> <p>New moon: 8:06pm 5/18 ראש חדש אדר א' Rosh Chodesh Adar I</p>	<p>7 א אדר א' Adar I 1</p> <p>ראש חדש אדר א' Rosh Chodesh Adar I</p>	<p>8 ב אדר א' Adar I 2</p> <p> Light candles at 5:03</p>	<p>9 ג אדר א' Adar I 3</p> <p>תרומה TERUMAH</p> <p>Shabbat ends at 6:05</p>
<p>10 ד אדר א' Adar I 4</p>	<p>11 ה אדר א' Adar I 5</p>	<p>12 ו אדר א' Adar I 6</p>	<p>13 ז אדר א' Adar I 7</p>	<p>14 ח אדר א' Adar I 8</p>	<p>15 ט אדר א' Adar I 9</p> <p> Light candles at 5:12</p>	<p>16 י אדר א' Adar I 10</p> <p>תצוה TETZAVE</p> <p>Shabbat ends at 6:13</p>
<p>17 יא אדר א' Adar I 11</p>	<p>18 יב אדר א' Adar I 12</p> <p>Presidents Day</p>	<p>19 יג אדר א' Adar I 13</p>	<p>20 יד אדר א' Adar I 14</p> <p>פורים קטן Purim Katan</p>	<p>21 טו אדר א' Adar I 15</p> <p>שושן פורים קטן Shushan Purim Katan</p>	<p>22 טז אדר א' Adar I 16</p> <p> Light candles at 5:20</p>	<p>23 יז אדר א' Adar I 17</p> <p>כי תשא KI TISA</p> <p>Shabbat ends at 6:20</p>
<p>24 יח אדר א' Adar I 18</p>	<p>25 יט אדר א' Adar I 19</p>	<p>26 כ אדר א' Adar I 20</p>	<p>27 כא אדר א' Adar I 21</p>	<p>28 כב אדר א' Adar I 22</p>	<p>29 כג אדר א' Adar I 23</p> <p> Light candles at 5:28</p>	<p>Shabbat ends at 6:28</p>



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"The Jews had light, joy, gladness and honor - so may it be for us" (Megillat Esther 8:16, Havdalah Prayer) - Purim Celebration in the Shtetl

PURIM

The actual story of Purim, as told in the Scroll of Esther, is as fascinating and spell-binding as any best-seller. Yet, though it is sacred scripture, we do not find the name of G-d mentioned even once! But within the intricate details of the *Megillah*, we can detect the unmistakable hand of Divine Providence. The closer we look into the events, the more we discover that every seemingly insignificant event is precisely arranged by the hand of the Al-mighty.

Purim thus teaches us to take nothing for granted: even "natural" phenomena are in truth but another way of revealing G-d's providence. In fact, the more hidden the miracle, the higher its Divine source.

THE MITZVOT OF PURIM ARE:

- Refrain from food and drink on the Fast of Esther, held Thursday, March 20th, to commemorate the day of prayer and fasting which the Jews held before their victory.
- Give 3 half-dollar coins to charity on the Fast of Esther, to commemorate the half-shekel given by each Jew in the time of the Holy Temple. This Mitzvah is usually performed in the synagogue.
- Listen to the *Megillat Esther* (Scroll of Esther), recounting the story of Purim, both on Purim evening and during Purim day.
- Send gifts containing at least two kinds of ready-to-eat food to one or more friends on the day of Purim. These gifts, known as *Mishloach Manot* (lit. sending gifts), should preferably be sent via a third party.
- Give charity to at least two, but preferably more, needy individuals on Purim. While charity is a year-round responsibility, it is particularly a special Mitzvah on Purim.
- Celebrate with a special festive and joyous meal.

HAPPY PURIM!

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MARCH 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>TIMES SHOWN ARE FOR NEW YORK AND NEW JERSEY</p>	<p>DO YOU NEED SOMEONE TO SAY KADDISH? OBSERVE YAHRTZEITS? CONTACT F.R.E.E. AT 718-467-0860 OR VISIT US AT www.kaddishservices.com</p>	<p><i>Do a MITZVAH! HONOR YOUR LOVED ONES WITH A MEMORIAL PLAQUE DISPLAYED IN A SYNAGOGUE AS AN EVER LASTING TRIBUTE. 718-467-0860</i></p>	<p>LEARN ABOUT MOSHIACH VISIT: WWW.MOSHIACH.COM</p>	<p>CELEBRATE PURIM VISIT: VIRTUALPURIM.ORG</p>	<p> Light candles at 5:28</p>	<p>1 כד אדר א' Adar I 24 ויקהל VAYAKHEL EASTERN STANDARD TIME Blessing of New Month Shabbat ends at 6:28</p>
2 כה אדר א' Adar I 25	3 כו אדר א' Adar I 26	4 כז אדר א' Adar I 27	5 כח אדר א' Adar I 28	6 כט אדר א' Adar I 29	7 ל אדר א' Adar I 30	8 א אדר ב' Adar II 1 פקודי PIKUDEI Parshat Shkalim ראש חודש אדר ב' Rosh Chodesh Adar II Shabbat ends at 6:36 New moon: 8:50am 6/18 ראש חודש אדר ב' Rosh Chodesh Adar II Light candles at 5:36 
9 ב אדר ב' Adar II 2	10 ג אדר ב' Adar II 3	11 ד אדר ב' Adar II 4	12 ה אדר ב' Adar II 5	13 ו אדר ב' Adar II 6	14 ז אדר ב' Adar II 7	15 ח אדר ב' Adar II 8 ויקרא VAYIKRA Parshat Zachor Shabbat ends at 7:43 Birthday & Yahrzeit of Moshe Rabbeinu 
DAYLIGHT SAVING TIME						
16 ט אדר ב' Adar II 9	17 י אדר ב' Adar II 10	18 יא אדר ב' Adar II 11	19 יב אדר ב' Adar II 12	20 יג אדר ב' Adar II 13	21 יד אדר ב' Adar II 14	22 טו אדר ב' Adar II 15 צו TZAV שושן פורים Shushan Purim Shabbat ends at 7:51 פורים PURIM Light candles at 6:51 
				תענית אסתר Fast of Esther Fast ends at 7:35		
23 טז אדר ב' Adar II 16	24 יז אדר ב' Adar II 17	25 יח אדר ב' Adar II 18	26 יט אדר ב' Adar II 19	27 כ אדר ב' Adar II 20	28 כא אדר ב' Adar II 21	29 כב אדר ב' Adar II 22 שמיני SHEMINI Parshat Parah Shabbat ends at 7:59 
30 כג אדר ב' Adar II 23	31 כד אדר ב' Adar II 24					



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CELEBRATING PESACH

Pesach is celebrated by refraining from eating, owning or even deriving any benefit from any *Chometz* foods for the duration of the holiday, and by participating in a Seder dinner on the first two nights of the holiday. *Chometz* is defined as any product comprising water mixed with wheat, barley, oats, rye or spelt which have had time to rise. Spiritually, *Chometz* represents inflated egotism and arrogance. Accordingly, on Passover, we also emphasize the removal of the '*Chometz*' within.

We prepare for Pesach by thoroughly cleaning our home and office, removing any amount of *Chometz* we may find. If we don't have special dishes designated for Pesach use, our regular dishes and kitchen need to be koshered to make them suitable for Pesach. All food products used on Pesach need to be certified Kosher for Passover.

On Thursday evening, we make a formal search of the entire home for any remaining *Chometz*. Any *Chometz* we don't wish to discard of may be placed in a special room or closet and sold to a non-Jew (this should be done through a Rabbi). Whatever is not being sold is burned early the next morning. We leave only just enough for the Friday evening and Shabbat morning meals. On Shabbat morning any leftover *Chometz* must be disposed of. See below for the exact time by which this needs to be done.

THE SEDER

The Seder is conducted during the first two nights of Pesach. During the Seder, we: Drink four cups of wine (or grape juice), which remind us of the four components of redemption; Ask the Four Questions and recite the *Haggadah*, which describes the miracles of the redemption; Eat Matzah, which symbolizes both the simple bread of slaves and the swiftness of the redemption, which did not give the Jews time to let their bread rise; Eat *Maror* (bitter herbs), which remind us of the bitterness of the exile.

"At Your breath the waters piled up, the flowing streams stood erect like a wall; the deep waters congealed in the heart of the sea" (Exodus 15:8)

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<p>6 א ניסן Nissan 1</p> <p>ראש חודש ניסן Rosh Chodesh Nissan</p>	<p>7 ב ניסן Nissan 2</p> <p><i>Yahrzeit of the Rebbe Rashab זי"ע</i></p>	<p>8 ג ניסן Nissan 3</p>	<p>9 ד ניסן Nissan 4</p>	<p>10 ה ניסן Nissan 5</p>	<p>11 ו ניסן Nissan 6</p> <p> Light candles at 7:13</p>	<p>12 ז ניסן Nissan 7</p> <p>מצורע MTZORA</p> <p>Shabbat ends at 8:14</p>
<p>13 ח ניסן Nissan 8</p>	<p>14 ט ניסן Nissan 9</p>	<p>15 י ניסן Nissan 10</p>	<p>16 יא ניסן Nissan 11</p> <p><i>Birthday of the Rebbe</i></p>	<p>17 יב ניסן Nissan 12</p> <p>Fast of the Firstborn Search for Chometz</p>	<p>18 יג ניסן Nissan 13</p> <p><i>Yahrzeit of the Tzemach Tzedek</i></p> <p>Burn chometz until 11:47am</p> <p> Light candles at 7:20</p>	<p>19 יד ניסן Nissan 14</p> <p>אחרי מות ACHAREI MOT Shabbat Hagadol</p> <p>Eat chometz until 10:39am Flush chometz by 11:46am</p> <p> Light candles after 8:22 First Seder</p>
<p>20 טו ניסן Nissan 15</p> <p>יום א' דחג הפסח First day of PESACH</p> <p> Light candles after 8:24 In evening count Sefirah 1 Second Seder</p>	<p>21 טז ניסן Nissan 16 Sefirah 1</p> <p>יום ב' דחג הפסח Second day of PESACH</p> <p>Yom Tov ends at 8:25 In evening count Sefirah 2</p>	<p>22 יז ניסן Nissan 17 Sefirah 2</p> <p>א' דחול המועד פסח 1st Intermediate Day of Pesach</p> <p>In evening count Sefirah 3</p>	<p>23 יח ניסן Nissan 18 Sefirah 3</p> <p><i>Birthday of Rabbi Levi Yitzchak Schneerson זי"ל</i></p> <p>ב' דחול המועד פסח 2nd Intermediate Day of Pesach</p> <p>In evening count Sefirah 4</p>	<p>24 יט ניסן Nissan 19 Sefirah 4</p> <p>ג' דחול המועד פסח 3rd Intermediate Day of Pesach</p> <p>In evening count Sefirah 5</p>	<p>25 כ ניסן Nissan 20 Sefirah 5</p> <p>ד' דחול המועד פסח 4th Intermediate Day of Pesach</p> <p> Light candles at 7:28 In evening count Sefirah 6</p>	<p>26 כא ניסן Nissan 21 Sefirah 6</p> <p>שביעי של פסח Seventh day of PESACH</p> <p> Light candles after 8:31 In evening count Sefirah 7</p>
<p>27 כב ניסן Nissan 22 Sefirah 7</p> <p>אחרון של פסח Eighth day of PESACH</p> <p>Yizkor Moshiach's Feast Yom Tov ends at 8:32 In evening count Sefirah 8</p>	<p>28 כג ניסן Nissan 23 Sefirah 8</p> <p>אסרו חג Isru Chag</p> <p>In evening count Sefirah 9</p>	<p>29 כד ניסן Nissan 24 Sefirah 9</p> <p>In evening count Sefirah 10</p>	<p>30 כה ניסן Nissan 25 Sefirah 10</p> <p>In evening count Sefirah 11</p>	<p><i>DO A MITZVAH! HONOR YOUR LOVED ONES WITH A MEMORIAL PLAQUE DISPLAYED IN A SYNAGOGUE AS AN EVER LASTING TRIBUTE. 718-467-0860</i></p>	<p><i>DONATE YOUR CAR, TRUCK OR RV TO FRIENDS OF REFUGEES OF EASTERN EUROPE AND RECEIVE A FULL TAX BREAK FROM UNCLE SAM! CALL TO ARRANGE A FREE PICK UP 718-467-0860</i></p>	<p>DO YOU NEED SOMEONE TO SAY KADDISH? OBSERVE YAHRZTEITS? CONTACT F.R.E.E. AT 718-467-0860 OR VISIT US AT www.kaddishservices.com</p>



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PESACH SHENI

The fourteenth day of the month of Iyar is Pesach Sheni, the "Second Passover." When the Holy Temple stood in Jerusalem, this day served as a "second chance" for those who were unable to bring the Passover offering on the eve of the "first" Passover one month earlier, the 14th of Nissan. We learn from this day that 'it is never too late': even if one has missed out on important opportunities, the door is always open to start afresh.

LAG B'OMER

On this date, in the early second century, the students of Rabbi Akiva ceased to die from an epidemic. Years later, on this date, Rabbi Shimon Bar Yochai, Mishnaic Sage and author of the Zohar passed away. Having fulfilled his mission in this world he asked that the anniversary of his death be celebrated as a happy day.

MEZUZAH

The *Mezuzah* is a small piece of parchment, containing two paragraphs of the Torah, which is affixed to the doorposts of Jewish homes and businesses. The *Mezuzah* reminds us of G-d's constant presence even within our dwellings and that we must fill our homes with good deeds and holiness.

A kosher *Mezuzah* provides protection for our homes, too. On the back of the *Mezuzah* are inscribed three Hebrew letters, which form the acronym of the sentence 'keeper of the doors of Israel'. The Talmud teaches that while it is customary for servants to be guarding the king's palace, G-d himself, in His great love for the Jewish people, guards the doors of our homes.

The writing of a *Mezuzah* is done by hand, on parchment, by a skilled scribe. It is important to purchase *Mezuzot* from a reliable source, and, once purchased, to have a professional scribe check them every several years.

"Many are the thoughts in a man's heart, but it is G-d's plan that shall stand" (Proverbs 19:21) - Generation Chess

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<p>4 כט ניסן Nissan 29 Sefirah 14</p> <p>In evening count Sefirah 15</p>	<p>5 ל ניסן Nissan 30 Sefirah 15</p> <p>New moon: 10:18am 8/18 ראש חדש אייר Rosh Chodesh Iyar In evening count Sefirah 16</p>	<p>6 א אייר Iyar 1 Sefirah 16</p> <p>ראש חדש אייר Rosh Chodesh Iyar In evening count Sefirah 17</p>	<p>7 ב אייר Iyar 2 Sefirah 17</p> <p><i>Birthday of the Rebbe Maharash</i> In evening count Sefirah 18</p>	<p>8 ג אייר Iyar 3 Sefirah 18</p> <p>In evening count Sefirah 19</p>	<p>9 ד אייר Iyar 4 Sefirah 19</p> <p> Light candles at 7:42 In evening count Sefirah 20</p>	<p>10 ה אייר Iyar 5 Sefirah 20</p> <p>אמור EMOR</p> <p>Shabbat ends at 8:47 In evening count Sefirah 21</p>
<p>11 ו אייר Iyar 6 Sefirah 21</p> <p>In evening count Sefirah 22 Mother's Day</p>	<p>12 ז אייר Iyar 7 Sefirah 22</p> <p>In evening count Sefirah 23</p>	<p>13 ח אייר Iyar 8 Sefirah 23</p> <p>In evening count Sefirah 24</p>	<p>14 ט אייר Iyar 9 Sefirah 24</p> <p>In evening count Sefirah 25</p>	<p>15 י אייר Iyar 10 Sefirah 25</p> <p>In evening count Sefirah 26</p>	<p>16 יא אייר Iyar 11 Sefirah 26</p> <p> Light candles at 7:49 In evening count Sefirah 27</p>	<p>17 יב אייר Iyar 12 Sefirah 27</p> <p>בהר BEHAR</p> <p>Shabbat ends at 8:55 In evening count Sefirah 28</p>
<p>18 יג אייר Iyar 13 Sefirah 28</p> <p>In evening count Sefirah 29</p>	<p>19 יד אייר Iyar 14 Sefirah 29</p> <p>פסח שני Pesach Sheni In evening count Sefirah 30</p>	<p>20 טו אייר Iyar 15 Sefirah 30</p> <p>In evening count Sefirah 31</p>	<p>21 טז אייר Iyar 16 Sefirah 31</p> <p>In evening count Sefirah 32</p>	<p>22 יז אייר Iyar 17 Sefirah 32</p> <p>In evening count Sefirah 33</p>	<p>23 יח אייר Iyar 18 Sefirah 33</p> <p> לג בעומר Lag B'Omer Light candles at 7:55 In evening count Sefirah 34</p>	<p>24 יט אייר Iyar 19 Sefirah 34</p> <p>בחוקתי BECHUKOTAI</p> <p>Shabbat ends at 9:02 In evening count Sefirah 35</p>
<p>25 כ אייר Iyar 20 Sefirah 35</p> <p><i>Yahrtzeit of BARRY KARDONICK בעיל בן הערשל ע"ה</i> In evening count Sefirah 36</p>	<p>26 כא אייר Iyar 21 Sefirah 36</p> <p>In evening count Sefirah 37 Memorial Day</p>	<p>27 כב אייר Iyar 22 Sefirah 37</p> <p>In evening count Sefirah 38</p>	<p>28 כג אייר Iyar 23 Sefirah 38</p> <p>In evening count Sefirah 39</p>	<p>29 כד אייר Iyar 24 Sefirah 39</p> <p>In evening count Sefirah 40</p>	<p>30 כה אייר Iyar 25 Sefirah 40</p> <p> Light candles at 8:01 In evening count Sefirah 41</p>	<p>31 כו אייר Iyar 26 Sefirah 41</p> <p>במדבר BAMIDBAR</p> <p>Blessing of New Month Shabbat ends at 9:09 In evening count Sefirah 42</p>



Yossi Rosenstein

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"This Book of the Torah shall not depart from your mouth, and you shall meditate on it day and night ... and then you will succeed" (Joshua 1:8)

THE HOLIDAY OF SHAVUOT

Shavuot is the second of the three major festivals (Passover being the first and Sukkot the third) and comes exactly fifty days after Passover. The Torah was given by G-d to the Jewish people on Mount Sinai over 3,300 years ago. Every year on this day we renew our acceptance of G-d's gift.

The giving of the Torah was a far-reaching spiritual event – one that touched the essence of the Jewish soul then and for all time. Our Sages have compared it to a wedding between G-d and the Jewish people. On this day G-d swore eternal devotion to us, and we in turn pledged everlasting loyalty to Him.

All-night Torah-study on the first night of Shavuot prepares us for the receiving of the Torah Reading of the Ten Commandments in the synagogue on the first day of Shavuot. Be sure to bring your children, too! A festive dairy meal is served on the first day of Shavuot. Our ancestors didn't have Kosher meat prepared yet!

THE MITZVAH OF TZITZITH

Our sages refer to the precept of Tzitzith as a simple and easy Mitzvah. But as simple and easy as it is, so rich is this Mitzvah in symbolism, and so potent in effectiveness, that it is equivalent to all the other precepts of the Torah. For surely a consistent observance of this Mitzvah of Tzitzith must lead to a proper and complete observance of all the commandments. As the Shema states, "you shall look upon them, and you shall remember all G-d's commandments and fulfill them, and you will not follow after your heart and your eyes, by which you may go astray." When thrown into the tumultuous waters of the temptations of everyday life, the Tzitzith are our life-line, the rope to which we can cling to prevent us from drowning, as our Sages so graphically relate how the sight of the Tzitzith stopped a man on the verge of committing a grave sin and helped him to regain control over his body and to restore his spiritual equilibrium.

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JUNE 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 כז אייר Iyar 27 Sefirah 42 In evening count Sefirah 43	2 כח אייר Iyar 28 Sefirah 43 In evening count Sefirah 44	3 כט אייר Iyar 29 Sefirah 44 New moon: 11:02pm 9/18 In evening count Sefirah 45	4 א סיון Sivan 1 Sefirah 45 ראש חדש סיון Rosh Chodesh Sivan In evening count Sefirah 46	5 ב סיון Sivan 2 Sefirah 46 In evening count Sefirah 47	6 ג סיון Sivan 3 Sefirah 47 Light candles at 8:06 In evening count Sefirah 48	7 ד סיון Sivan 4 Sefirah 48 נשא NASSO Shabbat ends at 9:14 In evening count Sefirah 49
8 ה סיון Sivan 5 Sefirah 49 ערב חג השבועות Eve of Shavuot Light candles at 8:07	9 ו סיון Sivan 6 <i>Yahrtzeit of the Baal Shem Tov</i> יום א' דחג השבועות First day of SHAVUOT Light candles after 9:16	10 ז סיון Sivan 7 <i>Yahrtzeit of King David</i> יום ב' דחג השבועות Second day of SHAVUOT Yizkor Yom Tov ends at 9:16	11 ח סיון Sivan 8 אסרו חג Isru Chag	12 ט סיון Sivan 9	13 י סיון Sivan 10 Light candles at 8:10	14 יא סיון Sivan 11 בהעלותך BEHAALOTCHA Shabbat ends at 9:18
15 יב סיון Sivan 12 Father's Day	16 יג סיון Sivan 13	17 יד סיון Sivan 14	18 טו סיון Sivan 15	19 טז סיון Sivan 16	20 יז סיון Sivan 17 Light candles at 8:12	21 יח סיון Sivan 18 שלח SHELACH Shabbat ends at 9:21
22 יט סיון Sivan 19	23 כ סיון Sivan 20	24 כא סיון Sivan 21 <i>Yahrtzeit of JOE WEINSTEIN</i> יוסף בן לייב עי"ה	25 כב סיון Sivan 22	26 כג סיון Sivan 23	27 כד סיון Sivan 24 Light candles at 8:13	28 כה סיון Sivan 25 קרח KORACH Blessing of New Month Shabbat ends at 9:21
29 כו סיון Sivan 26	30 כז סיון Sivan 27	DO YOU NEED SOMEONE TO SAY KADDISH? OBSERVE YAHRITZEITS? CONTACT F.R.E.E. AT 718-467-0860 OR VISIT US AT www.kaddishservices.com	DONATE YOUR CAR, TRUCK OR RV TO FRIENDS OF REFUGEES OF EASTERN EUROPE AND RECEIVE A FULL TAX BREAK FROM UNCLE SAM! CALL TO ARRANGE A FREE PICK UP 718-467-0860	DO A MITZVAH! HONOR YOUR LOVED ONES WITH A MEMORIAL PLAQUE DISPLAYED IN A SYNAGOGUE AS AN EVER LASTING TRIBUTE. 718-467-0860	EVERY JEWISH HOME SHOULD HAVE A PUSHKA CALL TO RECEIVE YOUR OWN 718-467-0860	TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR NEW YORK AND NEW JERSEY



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THE SEVENTEENTH OF TAMMUZ

The 17th of Tammuz marks the beginning of a three-week period of national Jewish mourning. This is a sad period in our calendar during which many of our nation's calamities occurred. The period begins with a fast on the 17th of Tammuz on which we refrain from eating and drinking from dawn to nightfall, and concludes with a 25-hour fast on the 9th of Av (see more about the 9th of Av next month).

These dates had already been the scene of tragic events in the very first generation of our nationhood: Tammuz 17 was the day Moses smashed the Tablets of the Covenant upon beholding Israel's worship of the Golden Calf. Av 9 was the day that G-d decreed that the generation of the Exodus shall die out in the desert, after they refused to proceed to the Holy Land in wake of the Spies' demoralizing report.

In these events lay the seeds of a breakdown in the relationship between G-d and Israel – a breakdown which reached its nadir in the destruction of the Temple.

After an extended siege, the walls of Jerusalem were breached by the Romans on the 17th of Tammuz. The Jewish defenders continued to defend the Temple Mount for another 19 days, until it, too, fell on the 7th of Av. The Bais HaMikdosh, the holy temple, was torched late on Av 9th.

During this three-week period, we celebrate no weddings and hold no festivities. Also prohibited are haircuts and live music. On the other hand, we increase in Torah study and giving Tzedakah to counteract the negative forces attached to the period.

THE NINE DAYS OF MOURNING

Beginning with the first of Av, the mourning intensifies. From this day until midday on the tenth of Av (excluding Shabbat), we refrain from consuming meat or wine and from various pleasurable activities as a sign of additional mourning.

"Let my right hand forget its dexterity ... if I do not place Jerusalem above my highest joy" (Psalms 137:5-6) - Jerusalem of Gold

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THE REBBE

The Lubavitcher Rebbe, Rabbi Menachem M. Schneerson, known simply and lovingly as "The Rebbe", cast the warm glow of his presence, his sensitivity and love for humanity, his awesome knowledge of Torah and incredible familiarity with virtually every field of human endeavor, and his vision for a world perfected, over the lives of millions, to the farthest reaches of the world. While the prophets of doom talked of the vanishing Jew – through intermarriage and assimilation – the Rebbe, in contrast, established bold and daring programs to reach out to those who otherwise would be lost to the Jewish People. Where others decried the dangers of modernity and the incompatibility of Torah truths and the "real" world; the Rebbe embraced science and technology as G-d given gifts to be utilized in the pursuit of brighter, warmer and holier world.

In the Rebbe's own words: "it is incumbent upon every one of us to increase in acts of goodness and kindness to hasten the coming of Moshiach". May the Almighty grant that our good deeds merit the long awaited redemption speedily in our days.



JULY 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR NEW YORK AND NEW JERSEY</p>	<p>DO YOU NEED SOMEONE TO SAY KADDISH? OBSERVE YAHRTZEITS? CONTACT F.R.E.E. AT 718-467-0860 OR VISIT US AT www.kaddishservices.com</p>	<p>1 כה סיון Sivan 28</p> <p><i>The day the Lubavitcher Rebbe, Menachem M. Schneerson arrived in the USA</i></p>	<p>2 כט סיון Sivan 29</p>	<p>3 ל סיון Sivan 30</p> <p>New moon: 11:46am 10/18 ראש חדש תמוז Rosh Chodesh Tammuz</p>	<p>4 א תמוז Tammuz 1</p> <p>ראש חדש תמוז Rosh Chodesh Tammuz Light candles at 8:12 Independence Day</p>	<p>5 ב תמוז Tammuz 2</p> <p>חקת CHUKAT</p> <p>Shabbat ends at 9:19</p>
		<p>6 ג תמוז Tammuz 3</p> <p><i>Dedicated to the Lubavitcher Rebe, Rabbi Menachem M. Schneerson</i></p>	<p>7 ד תמוז Tammuz 4</p>	<p>8 ה תמוז Tammuz 5</p>	<p>9 ו תמוז Tammuz 6</p>	<p>10 ז תמוז Tammuz 7</p>
<p>13 י תמוז Tammuz 10</p>	<p>14 יא תמוז Tammuz 11</p>	<p>15 יב תמוז Tammuz 12</p> <p><i>Birthday of the Previous Lubavitcher Rebbe and the day he was notified that he would be released from prison.</i></p>	<p>16 יג תמוז Tammuz 13</p> <p><i>The Previous Lubavitcher Rebbe was released from prison.</i></p>	<p>17 יד תמוז Tammuz 14</p>	<p>18 טו תמוז Tammuz 15</p> <p>Light candles at 8:05</p>	<p>19 טז תמוז Tammuz 16</p> <p>פינחס PINCHAS</p> <p>Shabbat ends at 9:11</p>
<p>20 יז תמוז Tammuz 17</p> <p>תענית י"ז תמוז Fast of Tammuz 17 Fast ends at 8:53</p>	<p>21 יח תמוז Tammuz 18</p>	<p>22 יט תמוז Tammuz 19</p>	<p>23 כ תמוז Tammuz 20</p> <p><i>Yahrtzeit of FRYMETA BAS LEIB SCHUSTER ע"ה</i></p>	<p>24 כא תמוז Tammuz 21</p>	<p>25 כב תמוז Tammuz 22</p> <p>Light candles at 8:00</p>	<p>26 כג תמוז Tammuz 23</p> <p>מטות MATOT</p> <p>Blessing of New Month Shabbat ends at 9:04</p>
<p>27 כד תמוז Tammuz 24</p> <p>Parent's Day</p>	<p>28 כה תמוז Tammuz 25</p>	<p>29 כו תמוז Tammuz 26</p>	<p>30 כז תמוז Tammuz 27</p>	<p>31 כח תמוז Tammuz 28</p>	<p><i>DONATE YOUR CAR, TRUCK OR RV TO FRIENDS OF REFUGEES OF EASTERN EUROPE AND RECEIVE A FULL TAX BREAK FROM UNCLE SAM! CALL TO ARRANGE A FREE PICK UP 718-467-0860</i></p>	<p><i>DO A MITZVAH! HONOR YOUR LOVED ONES WITH A MEMORIAL PLAQUE DISPLAYED IN A SYNAGOGUE AS AN EVER LASTING TRIBUTE. 718-467-0860</i></p>



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Yossi Rosenstien

"Just as Moshe saw a bush burning without being consumed, so the Jews would be exiled under four empires and survive" (Yalkut Shimoni)

TISH'AH B'AV – THE NINTH OF AV

The Ninth of Av has been a sad day for Jews since early Jewish history. On this date, just one year after our forefathers left Egypt, G-d decreed that they would stay in the desert for forty years. Most recently, World War I began on Av 9. The focus of our mourning, however, is on the destruction, on this date, of both the first Temple (422 BCE) and the second Temple (68 CE).

The observances of the fast of Tish'ah B'Av are similar to those of Yom Kippur. It is a 25-hour fast, during which we refrain from wearing leather shoes, showering, and marital relations.

Additionally, on the eve of the fast, the scroll of Eicha (Lamentations) is read in the synagogue. Until noon, we sit on low seats only, as a mourner does during Shiva. May we merit seeing the ultimate redemption by Moshiach, speedily in our days.

SHABBAT NACHAMU

The Shabbat following the Ninth of Av is the Shabbat of joy over our anticipated consolation. It is called Shabbat Nachamu, for the prophetic portion that is read is taken from Chapter 40 of Isaiah which begins with the words "Nachamu, nachamu ami" – "Console, console my people, says your G-d." The Haftarah of Shabbat Nachamu is the first of the "seven consolations" – the seven Haftarot which are read on the seven Sabbaths following the Ninth of Av.

THE FIFTEENTH OF AV

"There were no greater holidays to the Jewish people than that of the 15th of Av and of Yom Kippur" (Mishna). Celebrated for many reasons, first of which is the end of the 40-year decree cast upon the Jewish people to wander in the desert. After having felt the severity of Divine punishment, the Jews once again rejoiced in the newlyfound favor G-d showed them, like a son reunited with his father after many bitter years of loneliness and tribulation.

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AUGUST 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR NEW YORK AND NEW JERSEY</p>	<p>DO YOU NEED SOMEONE TO SAY KADDISH? OBSERVE YAHRTZEITS? CONTACT F.R.E.E. AT 718-467-0860 OR VISIT US AT www.kaddishservices.com</p>	<p><i>Do a MITZVAH! HONOR YOUR LOVED ONES WITH A MEMORIAL PLAQUE DISPLAYED IN A SYNAGOGUE AS AN EVER LASTING TRIBUTE. 718-467-0860</i></p>	<p><i>DONATE YOUR CAR, TRUCK OR RV TO FRIENDS OF REFUGEES OF EASTERN EUROPE AND RECEIVE A FULL TAX BREAK FROM UNCLE SAM! CALL TO ARRANGE A FREE PICK UP 718-467-0860</i></p>	<p><i>EVERY JEWISH HOME SHOULD HAVE A PUSHKA CALL TO RECEIVE YOUR OWN 718-467-0860</i></p>	<p>1 כט תמוז Tammuz 29</p> <p> Light candles at 7:53</p>	<p>2 א אב Av 1</p> <p>מסעי MASEI</p> <p>New moon: 12:30am 11/18</p> <p>ראש חדש מנחם אב Rosh Chodesh Menachem Av</p> <p>Shabbat ends at 8:55</p>
<p>3 ב אב Av 2</p>	<p>4 ג אב Av 3</p>	<p>5 ד אב Av 4</p>	<p>6 ה אב Av 5</p>	<p>7 ו אב Av 6</p>	<p>8 ז אב Av 7</p> <p> Light candles at 7:45</p>	<p>9 ח אב Av 8</p> <p>דברים DEVARIM</p> <p>Shabbat Chazon</p> <p>Fast begins at 8:01</p> <p>Shabbat ends at 8:46</p>
<p>10 ט אב Av 9</p> <p>תענית ט' באב Fast of 9th of Av</p> <p>Fast ends at 8:29</p>	<p>11 י אב Av 10</p>	<p>12 יא אב Av 11</p>	<p>13 יב אב Av 12</p>	<p>14 יג אב Av 13</p>	<p>15 יד אב Av 14</p> <p> Light candles at 7:35</p>	<p>16 טו אב Av 15</p> <p>ואתחנן VAETCHANAN</p> <p>Shabbat Nachamu</p> <p>חמשה עשר באב Fifteenth of Av</p> <p>Shabbat ends at 8:36</p>
<p>17 טז אב Av 16</p>	<p>18 יז אב Av 17</p>	<p>19 יח אב Av 18</p>	<p>20 יט אב Av 19</p>	<p>21 כ אב Av 20</p> <p>Yahrtzeit of Rabbi Levi Yitzchak Schneerson זצ"ל</p> <p> Light candles at 7:25</p>	<p>22 כא אב Av 21</p>	<p>23 כב אב Av 22</p> <p>עקב EIKEV</p> <p>Shabbat ends at 8:24</p>
<p>24 כג אב Av 23</p>	<p>25 כד אב Av 24</p>	<p>26 כה אב Av 25</p>	<p>27 כו אב Av 26</p>	<p>28 כז אב Av 27</p>	<p>29 כח אב Av 28</p>	<p>30 כט אב Av 29</p> <p>ראה RE'EI</p>
<p>31 ל אב Av 30</p> <p>New moon: 1:14pm 12/18</p> <p>ראש חדש אלול Rosh Chodesh Elul</p>					<p> Light candles at 7:14</p>	<p>Blessing of New Month</p> <p>Shabbat ends at 8:13</p>



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THE MONTH OF ELUL

As the last month of the Jewish year, Elul is traditionally a time of introspection and stocktaking – a time to review one's deeds and spiritual progress over the past year and prepare for the upcoming "Days of Awe" of Rosh Hashana and Yom Kippur.

As the month of "Divine Mercy and Forgiveness," Elul is a most opportune time for Teshuvah ("return" to G-d), prayer, charity, and increased Ahavat Yisrael (love for a fellow Jew) in the quest for self-improvement and coming closer to G-d. Rabbi Schneur Zalman of Liadi likens the month of Elul to a time when "the king is in the field" and, in contrast to when he is in the royal palace, "everyone who so desires is permitted to meet him, and he receives them all with a cheerful countenance and shows a smiling face to them all."

Each day of the month of Elul (except for Shabbat and the last day of Elul), we sound the Shofar (ram's horn) as a call to repentance.

Elul is a good time to have one's Tefillin and Mezuzot checked by an accredited scribe to ensure that they are in good condition and fit for use.

During the last week of Elul, in the days leading up to Rosh Hashana, the Slichot prayers are recited, the first night at midnight, the following days in the early morning.

ROSH HASHANA

Rosh Hashana, the beginning of the Jewish year, is also considered the world's birthday. This is the day G-d completed His creation by creating Adam and Eve, the first humans. An important Rosh Hashana observance is the sounding of the Shofar (the ram's horn). The Shofar has many meanings. It symbolizes our coronation of G-d as King, it reminds us to 'wake up' and return to G-d, and it foreshadows the coming of Moshiach, which will be heralded by the sounding of the Shofar.

A HAPPY, HEALTHY AND PROSPEROUS NEW YEAR!

"Sound the shofar ... on the designated time of our holy day, for it is a decree for Israel, a time of judgment for the G-d of Jacob" (Psalms 81:4-5)

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SEPTEMBER 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR NEW YORK AND NEW JERSEY</p>	<p>1 א אלול Elul 1</p> <p>ראש חדש אלול Rosh Chodesh Elul</p> <p>Labor Day</p>	<p>2 ב אלול Elul 2</p>	<p>3 ג אלול Elul 3</p>	<p>4 ד אלול Elul 4</p>	<p>5 ה אלול Elul 5</p> <p>Light candles at 7:03</p>	<p>6 ו אלול Elul 6</p> <p>שופטים SHOFTIM</p> <p>Shabbat ends at 8:01</p>
	<p>7 ז אלול Elul 7</p> <p>Grandparents Day</p>	<p>8 ח אלול Elul 8</p>	<p>9 ט אלול Elul 9</p>	<p>10 י אלול Elul 10</p>	<p>11 יא אלול Elul 11</p>	<p>12 יב אלול Elul 12</p> <p>Light candles at 6:51</p>
<p>14 יד אלול Elul 14</p>	<p>15 טו אלול Elul 15</p>	<p>16 טז אלול Elul 16</p>	<p>17 יז אלול Elul 17</p>	<p>18 יח אלול Elul 18</p> <p>Birthdays of the Baal Shem Tov & the Alter Rebbe</p>	<p>19 יט אלול Elul 19</p> <p>Light candles at 6:40</p>	<p>20 כ אלול Elul 20</p> <p>כי תבוא KI TAVO</p> <p>Shabbat Slichot</p> <p>Shabbat ends at 7:36</p>
<p>21 כא אלול Elul 21</p>	<p>22 כב אלול Elul 22</p>	<p>23 כג אלול Elul 23</p>	<p>24 כד אלול Elul 24</p>	<p>25 כה אלול Elul 25</p>	<p>26 כו אלול Elul 26</p> <p>Light candles at 6:28</p>	<p>27 כז אלול Elul 27</p> <p>נצבים NITZAVIM</p> <p>Shabbat ends at 7:25</p>
<p>28 כח אלול Elul 28</p>	<p>29 כט אלול Elul 29</p> <p>Birthdays of the Tzemach Tzedek</p> <p>ערב ראש השנה Eve of Rosh Hashana</p> <p>Light candles at 6:23</p>	<p>30 א תשרי Tishrei 1</p> <p>יום א' דראש השנה First day of ROSH HASHANA</p> <p>New moon: 1:58am 13/18</p> <p>Light candles after 7:20</p>	<p>October 1</p> <p>ב תשרי Tishrei 2</p> <p>יום ב' דראש השנה Second day of ROSH HASHANA</p> <p>Yom Tov ends at 7:18</p>	<p>Do A MITZVAH! HONOR YOUR LOVED ONES WITH A MEMORIAL PLAQUE DISPLAYED IN A SYNAGOGUE AS AN EVER LASTING TRIBUTE. 718-467-0860</p>	<p>DO YOU NEED SOMEONE TO SAY KADDISH? OBSERVE YAHRZEITS? CONTACT F.R.E.E. AT 718-467-0860 OR VISIT US AT www.kaddishservices.com</p>	<p>EVERY JEWISH HOME SHOULD HAVE A PUSHKA CALL TO RECEIVE YOUR OWN 718-467-0860</p>

THE SHABBAT CANDLES



A married woman customarily lights two candles and may add an additional one for each of her children. An unmarried girl should light one candle in deference to her mother.

As soon as a young girl can understand the idea of the Shabbat and can say the blessing (approximately 3 years old) her parents should provide her with a candlestick and teach her to kindle the Shabbat candles. The young girl should light before her mother in case she needs assistance from her.

It is customary to put a few coins into a Tzedakah Pushka (charity box) before lighting the candles. The correct time to light the Shabbat candles is 18 minutes before sunset every Friday. Young girls should light just prior to this time.

THE FESTIVAL CANDLES

Just as candles are lit in honor of the Shabbat so are they lit in honor of the festivals. Various blessings are recited on different festivals. See the chart Blessings for Festival Candle Lighting.

Procedure for Lighting the Shabbat Candles

The woman (or young girl) lights the candles, then spreads her hands out around the candles, drawing her hands inwards in a circular motion three times to indicate her acceptance of the sanctity of the Shabbat.

She then covers her eyes and says the blessing:

Bo-ruCh A-toh A-do-noi E-lo-hei-nu Me-lech Ho-olom A-sheR Ki-de-sho-nu Be-mitz-vo-sov Vi-tzi-vo-nu Le-had-lik Ner Shel Shabbos Ko-desh.

**Translation: Blessed are You, L-rd, our G-d, King of the universe, who has sanctified us with His commandments, and has commanded us to kindle the light of the holy Shabbat.*

She then uncovers her eyes to behold the Shabbat lights.

The time of lighting is considered especially propitious to pray to G-d for health and happiness. The prayer is readily accepted because it is said during the performance of this great mitzvah of lighting the Shabbat candles.

CAUTION: The candles must be lit before sunset. It is prohibited and is a desecration of the Shabbat to light the candles after sunset.

When lighting after the onset of a festival, a pre-existing flame must be used to light the candles since it is prohibited to create a new flame by striking a match or lighter, etc. However, it is permissible to use (or transfer fire from) a flame burning continuously since the onset of the festival, such as a pilot light, gas or candle flame.

Notes	Dates	Festival	Blessing(s)
*	12 Sept.	First Eve of Rosh Hashana	1 & 6
**	13 Sept.	Second Eve of Rosh Hashana	1 & 6
***	21 Sept.	Eve of Yom Kippur & Shabbat	2 & 6
*	26 Sept.	First Eve of Sukkot	3 & 6
**	27 Sept.	Second Eve of Sukkot	3 & 6
****	28 Sept.	Intermediate Shabbat of Sukkot	5
*	3 Oct.	Eve of Shemini Atzeret	3 & 6
**	4 Oct.	Eve of Simchat Torah	3 & 6
**	19 April	First Seder Night	3 & 6
**	20 April	Second Seder Night	3 & 6
***	25 April	Seventh Eve of Pesach & Shabbat	4
**	26 April	Eighth Eve of Pesach	3
*	8 June	First Eve of Shavuot	3 & 6
**	9 June	Second Eve of Shavuot	3 & 6

NOTE:

- * If lighting after sunset, light only from a pre-existing flame.
- ** Do not light before the time indicated. Light only from a pre-existing flame.
- *** Do not light after sunset.
- **** Do not light after sunset. Light only from a pre-existing flame.

A pre-existing flame is a flame burning continuously since the onset of a festival such as a pilot light, gas or candle flame.

BLESSINGS FOR FESTIVAL CANDLE LIGHTING

1

Bo-ruCh A-toh A-do-noi E-lo-hei-nu Me-lech Ho-olom A-sheR Ki-de-sho-nu Be-mitz-vo-sov Vi-tzi-vo-nu Le-had-lik Ner Shel Yom Ha-zi-ko-ron.

Translation: Blessed are You, L-rd our G-d, King of the universe, who has sanctified us with His commandments, and has commanded us to kindle the light of the Day of Remembrance.

2

Bo-ruCh A-toh A-do-noi E-lo-hei-nu Me-lech Ho-olom A-sheR Ki-de-sho-nu Be-mitz-vo-sov Vi-tzi-vo-nu Le-had-lik Ner Shel Shabbos V'shel Yom Ha-ki-purim.

Translation: Blessed are You, L-rd our G-d, King of the universe, who has sanctified us with His commandments, and has commanded us to kindle the light of the Sabbath and Yom Kippur.

3

Bo-ruCh A-toh A-do-noi E-lo-hei-nu Me-lech Ho-olom A-sheR Ki-de-sho-nu Be-mitz-vo-sov Vi-tzi-vo-nu Le-had-lik Ner Shel Yom Tov.

Translation: Blessed are You, L-rd our G-d, King of the universe, who has sanctified us with His commandments, and has commanded us to kindle the Yom Tov light.

4

Bo-ruCh A-toh A-do-noi E-lo-hei-nu Me-lech Ho-olom A-sheR Ki-de-sho-nu Be-mitz-vo-sov Vi-tzi-vo-nu Le-had-lik Ner Shel Shabbos V'shel Yom Tov.

Translation: Blessed are You, L-rd our G-d, King of the universe, who has sanctified us with His commandments, and has commanded us to kindle the Sabbath and Yom Tov light.

5

Bo-ruCh A-toh A-do-noi E-lo-hei-nu Me-lech Ho-olom A-sheR Ki-de-sho-nu Be-mitz-vo-sov Vi-tzi-vo-nu Le-had-lik Ner Shel Shabbos Ko-desh.

Translation: Blessed are You, L-rd our G-d, King of the universe, who has sanctified us with His commandments, and has commanded us to kindle the light of the holy Shabbat.

6

Bo-ruCh A-toh A-do-noi E-lo-hei-nu Me-lech Ho-olom She-he-che-yo-nu Vi-ki-ye-mo-nu Ve-hi-gi-o-nu Liz-man Ha-zeh.

Translation: Blessed are You, L-rd our G-d, King of the universe, who has granted us life, and sustained us and enabled us to reach this occasion.

CANDLE LIGHTING TIMES 2007-2008

TIMES SHOWN ARE STANDARD TIME

	Jerusalem, Israel	Tel-Aviv, Israel	Moscow, Russia	St. Petersburg, Russia	Kiev, Ukraine	Odessa, Ukraine	Berlin, Germany	Cologne, Germany	Baltimore, MD	Boston, MA	Chicago, IL	Cincinnati, OH	Cleveland, OH	Denver, CO	Detroit, MI	Houston, TX	Los Angeles, CA	Miami, FL	Milwaukee, WI	Minneapolis, MN	New Haven, CT	Kansas City, MO	Philadelphia, PA	Phoenix, AZ	Richmond, VA	Seattle, WA	San Francisco, CA
SEP 12	5:10	5:34	6:38	7:12	6:02	5:58	6:12	6:36	6:02	5:42	5:48	6:34	6:24	5:56	6:30	6:13	5:46	6:10	5:50	6:12	5:49	6:14	5:56	6:21	6:05	6:10	6:04
SEP 13	6:25	6:27	7:51	8:33	7:08	7:00	7:20	7:43	7:00	6:41	6:47	7:31	7:22	6:53	7:29	7:06	6:41	7:02	6:49	7:13	6:47	7:11	6:54	7:15	7:01	7:13	7:01
SEP 14	5:07	5:31	6:33	7:06	5:57	5:54	6:07	6:32	5:59	5:38	5:45	6:30	6:20	5:53	6:26	6:10	5:44	6:08	5:47	6:08	5:46	6:11	5:53	6:19	6:02	6:06	6:01
SEP 21	4:58	5:22	6:15	6:45	5:42	5:40	5:50	6:16	5:48	5:26	5:32	6:19	6:08	5:41	6:14	6:02	5:34	6:00	5:34	5:55	5:33	6:00	5:41	6:09	5:51	5:51	5:50
SEP 26	4:51	5:15	6:02	6:30	5:30	5:30	5:39	6:04	5:40	5:17	5:23	6:11	6:00	5:33	6:05	5:55	5:27	5:55	5:25	5:45	5:25	5:52	5:33	6:02	5:44	5:41	5:43
SEP 27	6:07	6:09	7:13	7:48	6:36	6:32	6:46	7:10	6:36	6:16	6:22	7:08	6:58	6:30	7:04	6:48	6:21	6:47	6:23	6:46	6:23	6:48	6:31	6:56	6:39	6:44	6:39
SEP 28	4:49	5:12	5:56	6:24	5:26	5:26	5:34	6:00	5:36	5:14	5:20	6:08	5:56	5:30	6:01	5:53	5:24	5:53	5:22	5:42	5:21	5:48	5:30	5:59	5:41	5:37	5:40
OCT 3	4:42	5:06	5:43	6:09	5:15	5:16	5:22	5:49	5:29	5:05	5:11	6:00	5:48	5:22	5:53	5:47	5:17	5:47	5:13	5:32	5:13	5:40	5:22	5:53	5:33	5:27	5:32
OCT 4	5:58	6:00	6:54	7:27	6:20	6:18	6:29	6:54	6:25	6:03	6:10	6:57	6:46	6:19	6:51	6:40	6:11	6:39	6:11	6:33	6:11	6:37	6:19	6:46	6:28	6:30	6:28
OCT 5	4:40	5:03	5:38	6:03	5:11	5:12	5:17	5:44	5:25	5:01	5:08	5:57	5:44	5:18	5:49	5:44	5:14	5:45	5:09	5:29	5:10	5:37	5:19	5:50	5:30	5:23	5:29
OCT 12	4:31	4:55	5:20	5:42	4:56	5:00	5:01	5:29	5:15	4:50	4:56	5:46	5:33	5:08	5:38	5:36	5:05	5:38	4:57	5:16	4:58	5:27	5:08	5:41	5:20	5:09	5:19
OCT 19	4:23	4:47	5:03	5:22	4:41	4:46	4:46	5:14	5:04	4:39	4:45	5:36	5:22	4:57	5:26	5:29	4:57	5:31	4:46	5:04	4:47	5:17	4:57	5:33	5:10	4:56	5:09
OCT 26	4:16	4:39	4:46	5:02	4:28	4:34	4:31	5:00	4:55	4:28	4:35	5:27	5:12	4:48	5:16	5:22	4:49	5:25	4:35	4:52	4:37	5:07	4:48	5:25	5:01	4:44	5:00
NOV 2	4:09	4:33	4:31	4:43	4:15	4:23	4:18	4:48	4:47	4:19	4:26	5:18	5:03	4:39	5:07	5:16	4:42	5:20	4:25	4:42	4:28	4:59	4:39	5:18	4:53	4:32	4:52
NOV 9	4:04	4:27	4:17	4:26	4:04	4:14	4:05	4:36	4:39	4:10	4:18	5:11	4:55	4:32	4:58	5:11	4:36	5:16	4:17	4:33	4:20	4:52	4:31	5:12	4:46	4:22	4:45
NOV 16	4:00	4:23	4:04	4:10	3:54	4:06	3:54	4:26	4:33	4:04	4:11	5:05	4:48	4:26	4:52	5:07	4:31	5:13	4:10	4:25	4:14	4:46	4:25	5:08	4:41	4:14	4:40
NOV 23	3:57	4:20	3:54	3:57	3:46	3:59	3:46	4:18	4:29	3:58	4:06	5:01	4:43	4:21	4:46	5:05	4:28	5:11	4:04	4:20	4:09	4:41	4:21	5:04	4:37	4:07	4:36
NOV 30	3:55	4:18	3:45	3:46	3:40	3:55	3:39	4:12	4:26	3:55	4:03	4:58	4:40	4:18	4:43	5:04	4:26	5:11	4:01	4:16	4:06	4:39	4:18	5:03	4:34	4:02	4:33
DEC 7	3:55	4:18	3:40	3:38	3:37	3:52	3:35	4:09	4:25	3:54	4:01	4:57	4:39	4:17	4:42	5:04	4:26	5:11	3:59	4:14	4:04	4:38	4:17	5:03	4:33	4:00	4:32
DEC 14	3:56	4:20	3:38	3:34	3:36	3:52	3:34	4:08	4:26	3:54	4:01	4:58	4:39	4:18	4:42	5:06	4:27	5:13	3:59	4:14	4:05	4:39	4:17	5:04	4:34	4:00	4:33
DEC 21	3:59	4:22	3:40	3:35	3:38	3:54	3:36	4:10	4:28	3:57	4:02	5:01	4:42	4:21	4:45	5:08	4:30	5:16	4:02	4:16	4:08	4:41	4:20	5:07	4:37	4:02	4:36
DEC 28	4:03	4:26	3:44	3:40	3:43	3:58	3:40	4:14	4:33	4:01	4:07	5:05	4:46	4:25	4:49	5:12	4:34	5:20	4:06	4:21	4:12	4:45	4:24	5:11	4:41	4:07	4:40
JAN 4	4:08	4:31	3:52	3:50	3:49	4:03	3:48	4:21	4:38	4:07	4:13	5:10	4:52	4:31	4:55	5:17	4:39	5:25	4:12	4:27	4:18	4:51	4:30	5:16	4:46	4:13	4:46
JAN 11	4:14	4:37	4:03	4:03	3:58	4:13	3:57	4:30	4:45	4:14	4:20	5:17	4:59	4:37	5:02	5:23	4:45	5:30	4:19	4:34	4:25	4:57	4:37	5:22	4:53	4:21	4:52
JAN 18	4:20	4:43	4:15	4:18	4:08	4:22	4:08	4:40	4:52	4:22	4:28	5:24	5:07	4:45	5:10	5:29	4:52	5:35	4:27	4:43	4:32	5:05	4:44	5:28	5:00	4:31	4:59
JAN 25	4:26	4:50	4:29	4:35	4:20	4:32	4:20	4:52	5:00	4:31	4:36	5:32	5:15	4:53	5:19	5:35	4:58	5:40	4:36	4:52	4:41	5:13	4:52	5:35	5:07	4:41	5:07
FEB 1	4:33	4:56	4:44	4:53	4:32	4:42	4:33	5:04	5:08	4:40	4:45	5:40	5:24	5:01	5:28	5:41	5:05	5:46	4:45	5:02	4:50	5:21	5:01	5:42	5:15	4:52	5:15
FEB 8	4:39	5:02	4:59	5:11	4:44	4:52	4:46	5:17	5:17	4:49	4:54	5:49	5:33	5:10	5:37	5:47	5:12	5:51	4:55	5:12	4:58	5:29	5:09	5:48	5:23	5:03	5:23
FEB 15	4:45	5:09	5:15	5:30	4:56	5:03	5:00	5:29	5:23	4:58	5:03	5:57	5:42	5:18	5:46	5:52	5:19	5:55	5:04	5:22	5:07	5:37	5:17	5:55	5:30	5:14	5:30
FEB 22	4:51	5:14	5:30	5:48	5:08	5:13	5:13	5:42	5:35	5:07	5:12	6:05	5:50	5:26	5:55	5:57	5:25	6:00	5:13	5:32	5:16	5:45	5:26	6:01	5:38	5:25	5:38
FEB 29	4:56	5:20	5:45	6:06	5:20	5:24	5:26	5:54	5:40	5:15	5:20	6:12	5:59	5:34	6:03	6:02	5:31	6:04	5:22	5:42	5:24	5:53	5:33	6:07	5:45	5:36	5:45
MAR 7	5:02	5:25	5:59	6:23	5:32	5:34	5:39	6:06	5:48	5:24	5:28	6:19	6:07	5:41	6:12	6:07	5:37	6:08	5:31	5:51	5:32	6:00	5:41	6:13	5:52	5:46	5:52
MAR 14	5:07	5:30	6:14	6:41	5:44	5:43	5:51	6:18	5:55	5:32	5:36	6:27	6:15	5:48	6:20	6:12	5:43	6:11	5:39	6:00	5:40	6:07	5:48	6:18	5:58	5:56	5:58
MAR 21	5:11	5:35	6:28	6:58	5:55	5:53	6:04	6:29	6:02	5:40	5:44	6:33	6:23	5:56	6:28	6:16	5:48	6:14	5:48	6:09	5:48	6:14	5:56	6:23	6:05	6:06	6:05
MAR 28	5:16	5:40	6:42	7:15	6:06	6:03	6:16	6:41	6:09	5:48	5:52	6:40	6:30	6:03	6:36	6:20	5:54	6:18	5:56	6:18	5:55	6:21	6:03	6:29	6:11	6:16	6:11
APR 4	5:21	5:45	6:56	7:32	6:17	6:12	6:28	6:52	6:16	5:56	6:00	6:47	6:38	6:10	6:44	6:24	5:59	6:21	6:04	6:27	6:03	6:28	6:10	6:34	6:18	6:26	6:18
APR 11	5:25	5:50	7:10	7:49	6:29	6:21	6:41	7:04	6:23	6:04	6:07	6:54	6:45	6:17	6:52	6:28	6:04	6:24	6:12	6:36	6:10	6:35	6:17	6:39	6:24	6:36	6:24
APR 18	5:30	5:54	7:24	8:06	6:40	6:31	6:53	7:15	6:30	6:12	6:15	7:01	6:53	6:24	7:00	6:33	6:10	6:28	6:20	6:45	6:18	6:41	6:24	6:44	6:30	6:46	6:31
APR 19	6:48	6:51	8:46	9:40	7:52	7:38	8:08	8:28	7:30	7:15	7:20	8:01	7:55	7:25	8:03	7:28	7:07	7:21	7:24	7:51	7:20	7:42	7:26	7:41	7:30	7:55	7:30
APR 20	6:49	6:52	8:48	9:43	7:54	7:40	8:10	8:30	7:31	7:16	7:21	8:02	7:57	7:26	8:04	7:29	7:07	7:21	7:25	7:52	7:21	7:43	7:27	7:42	7:31	7:56	7:31
APR 25	5:35	5:59	7:38	8:24	6:51	6:40	7:05	7:26	6:37	6:20	6:23	7:08	7:01	6:31	7:08	6:37	6:15	6:31	6:28	6:48	6:31	6:49	6:37	6:56	6:37	6:56	6:37
APR 26	6:54	6:56	9:03	10:02	8:05	7:49	8:23	8:41	7:38	7:24	7:29	8:09	8:04	7:33	8:12	7:33	7:13	7:25	7:33	8:01	7:28	7:49	7:34	7:47	7:37	8:06	7:38
MAY 2	5:40	6:04	7:52	8:41	7:02	6:49	7:17	7:38	6:44	6:27	6:30	7:14	7:08	6:38	7:15	6:41	6:21	6:35	6:36	7:02	6:33	6:55	6:38	6:55	6:43	7:06	6:44
MAY 9	5:45	6:09	8:06	8:58	7:13	6:58	7:29	7:49	6:50	6:35	6:38	7:21	7:16	6:45	7:23	6:46	6:26	6:39	6:44	7:11	6:40	7:02	6:45	7:00	6:49	7:15	6:50
MAY 16	5:50	6:14	8:19	9:15	7:23	7:07	7:40	7:59	6:57	6:42	6:45	7:28	7:23	6:51	7:30	6:50	6:31	6:42	6:52	7:19	6:57	7:08	6:52	7:05	6:55	7:24	6:56
MAY 23	5:54	6:19	8:31	9:30	7:32	7:15	7:50	8:09	7:03	6:49	6:52	7:34	7:29	6:57	7:37	6:55	6:36	6:46	6:59	7:27	6:54	7:14	6:58	7:10	7:01	7:33	7:02
MAY 30	5:59	6:23	8:42	9:44	7:40	7:22	8:00	8:17																			

DO A MITZVAH - BRING MOSHIACH!

A single good deed can tip the balance and make all the difference. The following is the Ten Point Mitzvah Campaign initiated by the Rebbe twenty years ago. The campaign focuses on specific Mitzvot, which through their fulfillment, the individual and the family will come to a greater appreciation of their Jewish heritage.

AHAVAT YISRAEL

To make an effort that our thought, speech and action be permeated with real concern for our fellow man.

JEWISH EDUCATION

To involve any and every Jewish child in an educational program that will teach him/her what it means to be a Jew.

TORAH STUDY

To set fixed times for Torah study every day so that our spiritual growth and development be systematic and directed.

TEFILIN

Tefilin are a sign; a public statement of Jewish involvement. Donning Tefilin daily is an expression of strong Jewish identity.

MEZUZAH

A proper, kosher, handwritten Mezuzah designates a home as Jewish and protects it and its occupants.

TZEDAKAH

To increase our giving charity and to be reminded to do so by displaying a Tzedakah box conspicuously.

HOLY JEWISH BOOKS

By having at least a Chumash, Tehilim and Siddur in your home you transform it into a more sacred environment.

SHABBAT CANDLES

Women and girls (from age 3) should light Shabbat candles 18 minutes before sunset on Fridays, to usher in the holiness and tranquility of Shabbat.

KASHRUT

Being Jewish entails more than prayer and study. Eating only kosher food enables us to identify with our Judaism on a very real and fundamental level.

FAMILY PURITY

By observing the laws of Mikvah and Family Purity we add a holy dimension to marriage and family that enhances love and communication.



Friends of Refugees of Eastern Europe is an international non-profit organization founded in 1969 by the Lubavitcher Rebbe, Rabbi Menachem M. Schneerson.

FREE's mandate is to restore the Jewish identity and Jewish education diminished by over 70 years of Communist oppression, by assisting Jewish immigrants from the Former Soviet Union in all moral, spiritual, religious, educational and financial / material areas of their new lives in the FREE world.

Ever since, FREE has successfully aided tens of thousands of Jews. Serving as the first such organization, FREE has become America's largest Jewish organization serving Russian immigrants with their spiritual and material needs.

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BAR MITZVAH PROGRAM
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FREE ALUMNI ASSOCIATION
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www.RussianJewry.org

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